



Salzburger
Berufsschilehrer
& Snowboardlehrer
Verband

SBSSV COVID-19 Instructions Education, Training and Development:

0 For training participants

On the basis of the instructions
of the Austrian Ski School Association (ÖSSV)

SBSSV

Salzburg Association of Professional Ski Instructors & Snowboarding Instructors

5671 Bruck/Glstr., Waagstr. 12

Tel.: +43 (0)6545 606-44 Fax: +43 (0)6545 606-444

E-mail: info@sbssv.at Web: www.sbssv.at

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Gender note:

For better readability, the masculine form is used for personal designations and personal nouns. Corresponding terms apply to all genders, for the purposes of equal treatment.

Preamble

- To meet the hygiene requirements due to the current COVID-19 pandemic, the Salzburg Association of Professional Ski Instructors & Snowboarding Instructors (SBSSV) also formulates special instructions to protect the health of individuals, course participants and instructors. These apply with immediate effect for the respective training activities of the SBSSV and are based upon the current legal regulations of the Austrian federal ministry of social affairs, health, care and consumer protection concerning measures taken to combat the spread of COVID-19, which are adapted to the present legal position or which must be updated in the case of a change to the same.
- The instructors employed on the training courses shall ensure compliance with the prescribed minimum distance: between instructors and course participants, between instructors among themselves, and between instructors and other people. If this is not possible then mouth/nose protection must be worn.
- The principle on all training courses is: if an instructor or course participant is ill, he shall not participate in the course.
- The quickest possible contact tracing is very important in the event of detection of COVID-19. Every participant on an SBSSV course is registered.
- If it is not possible to maintain the minimum distance, mouth/nose protection must always be worn by everyone concerned (instructors, course participants, external parties).

I. Directive on COVID-19 measures

The basis for implementation of education, training and development activities is the current regulatory position of the directive on COVID-19 measures from the Austrian federal ministry of social affairs, health, care and consumer protection concerning measures taken to combat the spread of COVID-19.

§§ 8 and 10 must be taken into account specifically for the implementation of the courses. The two areas of “sport” and “events” overlap, such that the measures concerning the COVID-19 prevention concept are essentially congruent. § 8 (sport) of the directive on COVID-19 measures is therefore not covered in greater detail.

- In accordance with § 10 par. 1 of the directive on COVID-19 measures, planned gatherings and activities for entertainment, fun, physical and mental training and edification are specifically considered to be “events”. In all cases, these include cultural events, sporting events, weddings, funerals, film screenings, exhibitions, previews, conventions, extracurricular youth education and youth work provisions, **courses and education and training**.
- Events **with no allocated and marked seating with more than ten people in enclosed spaces and with more than 100 people outdoors are prohibited**. People required for the implementation of the event are not included in these maximum numbers.
- Events with **allocated and marked seating only** are **permitted** with a maximum number of up to 1,500 people in enclosed spaces and with a maximum number of up to 3,000 people outdoors.
- For events with over 50 people in enclosed spaces and for events with over 100 people outdoors, the person responsible for an event must appoint a **COVID-19 officer** and formulate and implement a **COVID-19 prevention concept**.

II. COVID-19 officer and COVID-19 prevention concept

Based on the provisions of the directive on COVID-19 measures, a **COVID-19 officer** must be appointed and a **COVID-19 prevention concept** must be formulated and applied in all cases for courses that have a theory element and participant numbers of more than 50 people.

This also remains unchanged for example if the theory lessons are split and the number therefore falls below 50 people per theory lesson. With regard to the number of participants, the total number of participants according to the course must be taken into account.

If a course is held outdoors only, evidence of a COVID-19 officer and a COVID-19 prevention concept would be necessary only in the case of participant numbers in excess of 100 people.

- These **instructions** represent the prescribed **COVID-19 prevention concept**. The requirements covered in accordance with the directive on COVID-19 measures are therefore met.
- The **lead instructor** designated for the course is appointed as the **COVID-19 officer**.

III. General instructions for education and training courses

1. All instructors and training participants acting in the context of the SBSSV training are obliged to implement and comply with these COVID-19 instructions responsibly and autonomously.
2. A hygiene and cleaning plan for teaching resources as well as teaching materials must be produced separately for practical and theoretical lessons.
3. If instructors OR course participants feel ill in the course of the training, they must not come to the training under any circumstances.

Symptoms associated with COVID-19 are:

Any form of acute respiratory infection (with or without a fever) with at least one of the following symptoms, for which there is no other plausible cause:

- Cough
 - Sore throat
 - Shortness of breath
 - Sudden loss of sense of taste/smell
4. The basic rule both for theoretical lessons and for practical lessons as well in all public spaces including accommodation establishments is:

If it is not possible to maintain the minimum distance, mouth/nose protection must always be worn by everyone concerned (instructors, course participants, external parties).

IV. Using mouth/nose protection

Without exception, please observe the following:

Visors are not to be used as mouth/nose protection.

Reason:

- If an instructor OR course participant wears only a visor and is exposed to a person who is positive with the coronavirus, the visor is not counted as full protection, so the person concerned remains in CAT I (= isolation with 10-day quarantine etc.).

Who is classified as a contact person in category I?

- People who have been in contact face-to-face with a confirmed case cumulatively for **15 minutes or more at a distance of ≤ 2 metres** (esp. household contacts).
- People who have been in the same room (e.g. accommodation room, meeting or seminar room) with a confirmed case **at a distance of ≤ 2 metres for 15 minutes or more**.
- People with the following types of contact on an aircraft or other long-distance mode of transport, such as a coach or train:
 - > Passengers who have sat directly next to the confirmed case, regardless of journey time. If the confirmed case was sitting in an aisle seat, the passenger in the same row across the aisle counts as a contact person in category II rather than category I.
 - > Crew members or other passengers if one of the other criteria applies in reference to the confirmed case (e.g. lengthy conversation or similar).

In these specified cases, the following “simplification” applies for the assessment of whether someone is a contact person in category I or II:

- If appropriate measures to minimise the risk of infection to the contact person were in place and verifiably implemented correctly (e.g. partition, both parties wearing mouth/nose protection – explicitly not applicable to face visors), these people may be classified differently, as contact people in category II. Regardless of this, the procedure with respect to PCR testing in these cases is the same as for contact people in category I.
 - > Note on PCR testing: For early detection of pre-symptomatic or asymptomatic infections, contact people in category I must undergo PCR testing as soon as possible

after identification.

The people listed below are considered to be contact people in category I, even if mouth/nose protection was worn:

- People who are highly likely to have been exposed to a relevant concentration of aerosol, regardless of distance (e.g. parties, collective singing or sporting activity indoors), or who have had unprotected, direct contact with infectious secretions from a confirmed case.
- People who have been in direct physical contact (e.g. shaking hands, hugging, general physical contact) with a confirmed case.

What can be used as full mouth/nose protection on the training courses?

- Mouth/nose protection masks
- Filtering facepieces (FFP masks)
- Scarves/snoods

V. Opening of the training course

1. The instructor must open the training course in compliance with the current regulations at the time when the course starts.
2. The place for the opening must be selected to be generously sized, such that compliance with the minimum distance regulations is possible.
3. If it is not possible to comply with the minimum distance regulations:
 - a. Mouth/nose protection must be worn by everyone concerned (lead instructor, instructors, course participants) and
 - b. Grouping must be undertaken immediately and the content of the opening must be delivered by the respective group instructors in accordance with the points below, once again ensuring compliance with the minimum distance regulations.
4. As part of the opening, the lead instructor must inform, explain to and instruct all course participants on the content of these instructions and in particular on all hygiene measures and precautions as well as on the procedures in cases of illness or in suspected or confirmed cases of SARS-COVID-19.
5. All course participants AND instructors must be advised explicitly that, if they feel ill, they must not come to the training under any circumstances. The lead instructor must be notified immediately by telephone and further measures must be discussed.
6. The lead instructor must make all instructors AND course participants aware that compliance with the recommended hygiene measures and precautions must also be ensured **outside the course** and that the avoidance of gatherings of people, e.g. such as private parties or visits to bars, is essential during the course. The occurrence of suspected cases of or infections with COVID-19 during the course jeopardises the further implementation and completion of the entire course.
7. At the end of the information from the lead instruction, the groups should be assigned and the course should be started.

VI. Assignment and organisation of the groups

For the best possible avoidance of COVID-19 infections during the training course, the following regulations apply to group size and to organisation within the group:

1. The recommended group size is max. 10 people incl. instructor.
2. The group compiled at the start of the course should remain unchanged for the entire duration of the course. Changes of course participants from one group to another should be avoided.
3. The theory instruction shall be organised and implemented in accordance with the current directive on COVID-19 measures.
4. If compliance with the minimum distance is not possible, mouth/nose protection must always be worn by everyone concerned (instructors AND course participants).
5. In the case of interruptions in the practical training (e.g. breaks, lunch etc.), the group members assigned at the start of the course shall remain together and separate from the other groups on the course.
6. Before the start of the course, the temperature of course participants and instructors will be measured if there is a suspected case and on a random basis. In the case of a temperature over 37.5 degrees, the person concerned must immediately be separated from others and the lead instructor must be notified. The respective group instructor is responsible for temperature measuring.
7. If the course takes place in conjunction with participants staying at an accommodation establishment, rooms must be allocated such that the group members remain together if possible.

VII. Instructions for the practical element of the education and training courses

1. The meeting point of the individual groups at the start of the practical instruction in the ski resort must be selected to be generously sized, such that compliance with the minimum distance regulations is ensured within the group (between instructor and group and among the course participants).
2. The meeting points for the individual groups must be selected such that compliance with the minimum distance regulations is possible between groups.
3. If compliance with the minimum distance is not possible, mouth/nose protection must always be worn by everyone concerned (instructors course participants, external parties).
4. If the minimum distance of 1 metre is not maintained, e.g. in the case of essential assistance as part of the snow sports instruction or assistance after falls, a scarf/snood must be used as mouth/nose protection. This also applies when entering public locations outside the training times, if compliance with the minimum distance is not possible.
5. All instructors and course participants should wash their hands thoroughly several times per day.
6. Resources for the lesson must be distributed per person, used by a specific person and washed after the lesson.
7. In addition to the required materials for assistance, the instructors must carry mouth/nose protection, sanitiser gels and surgical gloves and use them when giving first aid in case of an incident (e.g. ski accident).
8. Reference is made in particular to the current COVID-19 regulations for accommodation and cable car businesses that are used as part of the course and with which the instructors and course participants acting in the context of the practical course are required to comply.

VIII. Instructions for the theoretical element of the courses

1. Sanitisers must be provided at the entrance to the seminar room for the theory lessons and the lead instructor must ensure that everyone uses hand sanitiser when entering or leaving the seminar room.
2. The course participants must be assigned their own marked seat in the seminar room for the entire duration of the course.
3. Mouth/nose protection must be worn on entry to the seminar room. This does not apply whilst course participants remain in the seats assigned to them.
4. **Visors are not to be used as mouth/nose protection.** Regarding this, see page 7.
5. In the seminar room for the theory lessons, it must be ensured that a distance of at least 1 metre from other course participants is maintained. If it is not possible to maintain this distance, the respective adjacent seats must be left vacant.
6. If the distance of 1 metre is not maintained despite leaving the adjacent seats vacant on either side, mouth/nose protection must also be worn in the assigned seats.
7. Reusable materials distributed to the course participants must be sanitised beforehand.
8. The instruction/seminar room must be ventilated regularly and at short intervals (“intense ventilation”). The time required for this must be taken into account when preparing the timetable.

IX. Course participant declaration

Before the start of the course, each training participant must submit a written declaration that they he:

- Has read and understood the content of these instructions,
- Agrees to the content with respect to the measures and
- Undertakes to comply with the measures during participation on the course.

Otherwise, participation on the course is not possible.

Each training participant undertakes moreover also to comply with all action recommendations in respect of COVID-19 when visiting restaurants or bars and during overnight stays at an accommodation establishment. The course participant acknowledges that compliance with the rules of conduct and instructions is necessary in his own interest and also required in order to protect the other course participants and the instructor.

Each training participant declares that in the last two weeks before the start of the SBSSV training he has had no symptoms of illness typical of the COVID-19 virus and he has had no contact with people infected with COVID-19 as far as he is aware. The participant declares that he will notify the lead instructor or his own instructor in the case of occurrence of symptoms of illness typical of the COVID-19 virus.

Notes: *The content of the instructions may change in line with new regulations on COVID-19. Isolated deviations and adaptations required individually because of the conditions in the training location are possible, although these may be effected only by the person who is both the lead instructor and the COVID-19 officer.*